



# THE PENALTY BOX<sup>®</sup>

www.ramsleyhockey.com

Quarterly Newsletter

## RAMSEY SQUIRTS TAKE TITLE

*#3 Ramsey Comes From Behind To Upset #1 Mahwah To Capture Spring League Championship*



Ice Vault Arena - Wayne, New Jersey. After defeating the # 2 seed Blazers the previous evening, the #3 Rams upset #1 Mahwah 4-3 en route to the Spring League Championship. Down 3-1 going into the 3rd period, the Rams scored three unanswered goals to capture the S squirt title.

This is the third consecutive spring league championship won by the same core players with this season posing the biggest challenge of them all. We are extremely proud of our players who exhibited all of the attributes of a champion: dedication, team work and perseverance.

CONGRATULATIONS!

### Message From the President

There are new and exciting developments on the horizon for Ramsey Hockey. These developments will promote the growth of our players and our organization. RHA's commitment to a full compliment of team practices for the upcoming season is just one example of this progression.

However, the continued success of RHA, like any program, is dependent upon its most valuable resources - the players and their families. GET INVOLVED!

-Anthony McCaskey



### COACH OF THE YEAR

Congratulations to Ramsey High School Varsity Coach Bob Toy. Coach Toy was awarded the 2011 Suburban News Hockey Coach of the Year. The Rams went 19-6-2 last season and qualified for the State Championship Tournament for the fourth consecutive season. This is the third time Coach Toy has been honored with this award.



### THANKS JIM!

RHA President Jim Gwon has stepped down after over 10 years of service and dedication to RHA. Jim is one of the principal architects of the organization and helped build RHA into a marquis hockey program. Jim is succeeded as President by Anthony McCaskey who has served as an RHA Board Trustee and Vice President of Administration for the past year.



## HIGH SCHOOL REPORT

Summer workouts are underway as the High School ice hockey program prepares for the 2011-2012 campaign. The regular season gets started in November. The Rams have 10 seniors returning to the Varsity lineup as they look to make their perennial run for the Public B State Championship.



**The Rams are poised for another big season**

The Rams had a very successful 2010-2011 season posting a 19-6-2 record and qualifying for the State Championship Tournament for the fourth consecutive year. By mid-season, the Rams were ranked as high as 10th overall by the Newark Star Ledger and rebounded nicely toward the end of the season after a tough stretch of games.

In the State Tournament, the Rams posted a pair of 3-1 victories against Manasquan and Hopewell Valley but fell in the Quarterfinal to Chatham, the eventual New Jersey Public B State Champion, 5-2.

The Rams have had quite a run beginning with the 2007-2008 season posting records of 20-5-3, 25-1-2, 19-5-2 and 19-6-2, winning the NBIL Championship three straight seasons from 2008-2010 and the New Jersey State Championship in 2009.

The Rams play their home games at the Ice Vault Arena in Wayne. To follow the Rams on-line, visit [www.ramseyhockey.com](http://www.ramseyhockey.com) and click the "High School" link, or follow state-wide high school ice hockey at [www.njpowerrankings.com](http://www.njpowerrankings.com).

## YOUTH HOCKEY

RHA will be placing mite and squirt level teams with the Ice Vault house league in Wayne for the upcoming fall/winter season. There is still roster availability and any player interested in participating can find the registration forms on RHA's website [www.ramseyhockey.com](http://www.ramseyhockey.com). Please direct any questions to Stacey Truppner, [trupp133@optonline.net](mailto:trupp133@optonline.net)

### **Practices**

RHA is pleased to announce that youth practices for the fall/winter ice hockey season will consist of a full compliment of team practices at the Ice House Arena in Hackensack. The practices will be conducted by the RHA coaching staff as well as special guest coaches.

### **Clinics, Camps and Training**

Many area rinks and facilities offer skills clinics, camps and even private training throughout the season. For information on available programs, visit the websites for Evolution Hockey (South Hackensack), Floyd Hall Arena (Montclair University), Ice House Arena (Hackensack), Ice Vault Arena (Wayne) and Sport-O-Rama (Monsey, NY).

### **Street Hockey**

The street hockey program will return in the Fall 2011 and be held at the hockey rink at Finch Park on Sundays October 9, 16 and 23. The registration forms can be obtained online at [www.ramseyhockey.com](http://www.ramseyhockey.com). Please direct any questions regarding the program to Tom Barone at [tbarone@ramseyhockey.com](mailto:tbarone@ramseyhockey.com). A recreational street hockey league is also anticipated for the spring.

## Fall Events

### **September 2011**

- Start of fall/winter youth league
- Ramsey Day
- Street hockey registration

### **October 2011**

- Street hockey clinics
- High School Parent Orientation
- High School Car Wash
- Yankee Candle Fundraiser

### **November 2011**

- Start of high school season

### **December 2011**

- Ramsey Home for the Holidays parade

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